

CROSS-COUNTRY SKIING & WINTER HIKING

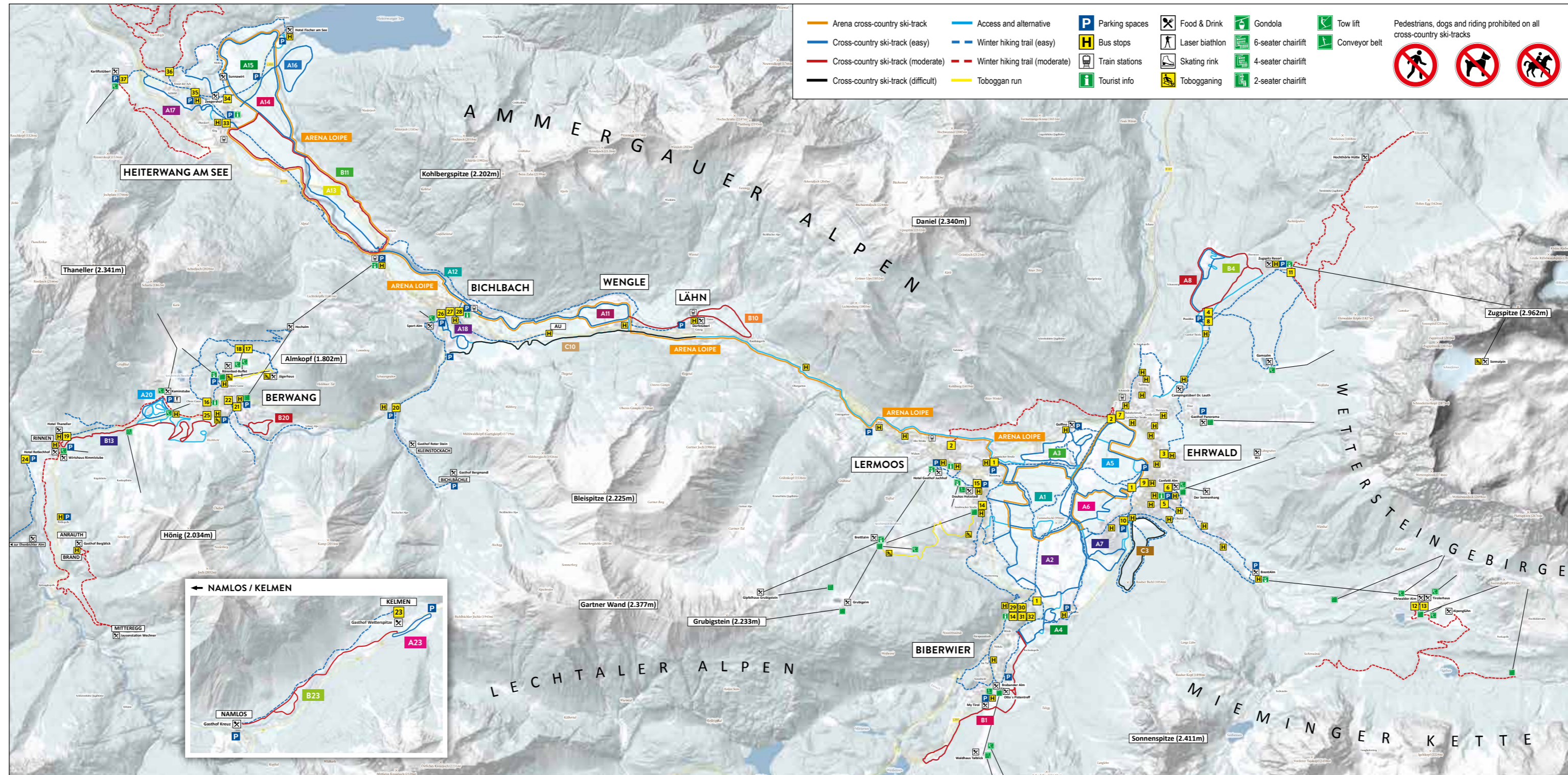


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In co-operation with



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Errors and omissions excepted
agentur-singer.at Photos: C. Jorda/Tiroler Zugspitz Arena

CROSS-COUNTRY SKIING

Cross-country skiing in the Tiroler Zugspitz Arena is a pure pleasure. The view of the beautiful mountain panorama - especially towards the Zugspitze - makes cross-country skiing a unique experience. A great bonus: all cross-country ski-tracks can be used free of charge! The total trail network runs to over 131 km, both classic and skating. The individual routes are varied and are suitable for both ambitious and more relaxed sportspeople. The snow-covered circular golf trail directly at the foot of the Zugspitze guarantees good snow conditions.

We are a certified cross-country skiing holiday destination. This means cross-country skiing holidays with guaranteed quality! Our cross-country skiing hotels are certified by the German Technical Inspection Association (TÜV) and are specially designed for the needs of cross-country skiers.

CROSS-COUNTRY SKI-TRACKS ACCESS POINTS

The main cross-country ski-tracks access points in the Tiroler Zugspitz Arena:

EHRWALD

- below Familienbad/Zugspitzsaal
- Shell petrol station
- Golfino
- Weidach
- Lärchenwald
- Ponöfen car park
- Tiroler Zugspitzbahn valley station

BERWANG/NAMLOS

- Mooslift in Berwang
- Berwang church
- Unterdorf (Resswald)
- Kelmen state road
- Namlos town hall

LERMOOS

- Garmischer Straße after the M-Preis supermarket
- Moosweg at the Mooskerker Chapel
- below Untere Tanne/Schladgasse
- below the Silence-Sporthotel Zugspitze

BICHLBACH/LÄHN-WENGLE

- Bichlbach railway station
- Information stand in Bichlbach
- Almkopfbahn cable car stop
- Martin's Chapel in Wengle
- Entrance to Lahn
- Lahn railway station

BIBERWIER

- Camping Biberhof
- Mühlsteig - St. Rochus' Chapel
- Marienbergbahn valley station

HEITERWANG AM SEE

- Parish church Heiterwang
- Gasthof Forellenhof
- Beim Sunnawirt
- Car park Hotel Fischer am See

CROSS-COUNTRY SKI-TRACKS

Cross-country ski-tracks rules in our cross-country skiing and winter hiking map, and in the cross-country arena.



TIROLER ZUGSPITZ ARENA

ARENA LOIPE, 39.2 km

EHRWALD

- A5** MOOSLOIPE, 4.3 km
- A6** WEIDACHLOIPE, 2.3 km
- A7** ROSSMOOS-LOIPE, 2.2 km
- A8** PONÖFENLOIPE, 2.3 km
- B4** ZUGSPITZLOIPE, 2.7 km
- C3** LÄRCHENWALD, 2.7 km

BICHLBACH/LÄHN-WENGLE

- A11** ZUNFTWANDERLOIPE, 5.1 km
- A12** MÜHLBACHLOIPE, 1.6 km
- A18** OBERFELDLOIPE, 1.2 km
- B10** BRÄNDLELOIPE, 3.9 km
- B11** PLATTEN-PANORAMA-LOIPE, 6.4 km
- C10** MÄHBERGLOIPE, 3.7 km

LERMOOS

- A1** TUMMEBICHL, 5.1 km
- A2** VIA CLAUDIA, 4.6 km
- A3** GOLF-RUNDLOIPE, 3.8 km (snow-covered trail)

BIBERWIER

- A4** SONNENSPIZ LOIPE, 1.8 km
- B1** WEISSENSEE LOIPE, 5.9 km

BERWANG/NAMLOS

- A20** MOOSLOIPE, 2.6 km
- A23** LOIPE KELMERFELD, 1.4 km
- B13** WIESENLOIPE/LOIPE RINNEN, 5.7 km
- B20** RESSWALDLOIPE, 1.2 km
- B23** LOIPE VON KELMEN NACH NAMLOS, 3.4 km

HEITERWANG AM SEE

- A13** RAUTHLOIPE, 3 km
- A14** GRUNDBACHLOIPE, 2.7 km
- A15** MOOSLOIPE, 4.1 km
- A16** SEELOIPE, 1.6 km
- A17** ANSCHLUSS KLAUSEN-WALD LOIPE, 3.7 km

SELECTION WINTER HIKING TRAILS

Further winter hiking trails can be found on our map or at www.zugspitzarena.com.

Our cross-country and winter hiking map is available from our tourist offices in return for a contribution towards costs.

EHRWALD

LERMOOS

BIBERWIER

1 WALKS IN THE MOOS REGION

Approx 1 hr to the next village | **HM**↑ 26 hm | **HM**↓ 26 hm | 2.5 to 6 km

Starting point Ehrwald: Kirweg, below the indoor swimming pool, Weidach, Shell petrol station, Golfino.

Starting point Lermoos: End of village opposite M-Preis supermarket, Untere Tanne, Moosweg.

Starting point Biberwier: Ehrwalder Straße opposite Camping Biberhof, Römerstraße.

EHRWALD

LERMOOS

2 PANORAMIC TRAIL

Approx. 1 hr | **HM**↑ 53 hm | **HM**↓ 53 hm | 3.6 km

Starting point Ehrwald: Shell petrol station - turn left and walk up after the viaduct arch.

Starting point Lermoos: Gries, railway station or Happy Camp - right via panoramic trail to Ehrwald.

EHRWALD

4 GAMSALM – BÄRENECKWEG (CIRCULAR TOUR) (Snowshoe tour, also walkable with good winter shoes)

Approx. 1:35 hrs | **HM**↑ 159 hm | **HM**↓ 152 hm | 4.7 km

Start/End: Ponöfen car park towards Tiroler Zugspitzbahn cable car
Ponöfen car park - cross the Zugspitzstraße - forest path to Gamsalm (0:45 h - 159 hm) - Bäreneckweg - Tiroler Zugspitzbahn cable car valley station - return via forest path - Ponöfen car park.

5 ALTMÜHLENSTEIG – BRENTALM

Approx. 45 mins | **HM**↑ 112 hm | **HM**↓ 0 hm | 2.1 km

Start: Ehrwald church square

End: Ehrwalder Almbahn cable car valley station/BrentAlm

Ehrwald church square - Martinsplatz - Zippermühlweg - Altmühlensteig - Ehrwalder Almbahn cable car valley station.

11 HOCHTHÖRLE HÜTTE – EIBSEEBLICK – SÖLDENTALWEG (CIRCULAR TOUR) (Snowshoe tour, also walkable with good winter shoes)

Approx. 3 hrs | **HM**↑ 294 hm | **HM**↓ 293 hm | 7.8 km

Start/End: Tiroler Zugspitzbahn cable car valley station

Tiroler Zugspitzbahn cable car valley station - to the right of the valley station - forest path - Hochthörle Hütte (approx. 1:10 h - 230 hm) - Eibsee lake view - return - Söldentalweg - Tiroler Zugspitzbahn cable car.

12 EHRWALDER ALM – TALBLICK VIEWPOINT (Snowshoe tour, also walkable with good winter shoes)

Approx. 1:20 hrs | **HM**↑ 140 hm | **HM**↓ 54 hm | 4 km

Start: Ehrwalder Almbahn cable car mountain station

End: Talblick viewpoint

Ehrwalder Almbahn cable car mountain station - cross the slope in the direction of Berggasthof Alpenglühn - winter path to Talblick.

LERMOOS

BIBERWIER

14 WACHTERSTEIG TRAIL

Approx. 25 mins | **HM**↑ 38 hm | **HM**↓ 51 hm | 2.4 km

Starting point Lermoos: Hochmoosexpress car park - follow the main road towards the end of the village - opposite Hotel Mohr life resort - Wachtersteig to Biberwier - Biberwier.

Starting point Biberwier: Church square - Pfarrgasse - cross the street after 50m - Wachtersteig to Lermoos - Lermoos.

LERMOOS

15 HINTERFELDWEG TRAIL

Approx. 25 mins | **HM**↑ 12 hm | **HM**↓ 18 hm | 1.6 km

Start: Lermoos church square, End: Grubigstein valley station

Lermoos church square - via Hinterfeldweg - past Familyjet - on to the Grubigstein valley station.

BERWANG/NAMLOS

16 BILIGRUNDWEG TRAIL

Approx. 1 hr | **HM**↑ 73 hm | **HM**↓ 73 hm | 3 km

Start/End: Tourist office Berwang

Tourist office Berwang - Hotel Kaiserhof - Joselerhof - keep right - after leaving the forest turn left at the highest point of the Biligweg - keep right at the next fork in the road - tourist office Berwang.



18 TO THE HOCHALM

Approx. 1:15 hrs | **HM**↑ 257 hm | **HM**↓ 0 hm | 2.7 km

Start: Egghof car park, End: Hochalm

Straight ahead at Egghof car park between Obere Karbahn cable car valley station and Egghof Sun Jet - at the fork in the road, follow Biligweg-Jägerhaus - turn left - turn right at the highest point of the Biligweg - Heiterwanger Hochalm (food served).

25 TO RINNEN – BRAND – MITTEREGG

Approx. 2:30 hrs | **HM**↑ 194 hm | **HM**↓ 178 hm | 8 km

Start: Chapel in Oberdorf, Berwang village exit

End: Rinnen - Brand - Mitteregg

Turn right at the chapel in the direction of Rinnen - winter track parallel to the road and ski slope - turn right after the ski bridge - turn left at the Thanellerkarlift valley station - continue to Rinnen - pass Rinnen - turn right at the end of the village - follow the road - cross the state road - cross the avalanche dam - Mitteregg.

BICHLBACH/LÄHN-WENGLE

26 TO KLEINSTOCKKACH & BICHLBÄCHLE

Approx. 1:10 hrs | **HM**↑ 202 hm | **HM**↓ 0 hm | 3.4 km

Start: Sonnbichlift car park, End: Bichlbächle

Sonnbichlift car park - walk over the bridge - turn left in the direction of Berwang - cross Berwangerstraße - turn right to Berwangertal - turn left to Kleinstockkach - Bichlbächle.

27 TO HEITERWANG AM SEE

Approx. 1:25 hrs | **HM**↑ 7 hm | **HM**↓ 88 hm | 4.8 km

Start: Tourist office Bichlbach, End: Heiterwang am See

Tourist office Bichlbach - panoramic trail towards Heiterwang am See - underpass to the Almkopfbahn cable car - turn right after the bridge - cleared cycle path to Heiterwang am See - Heiterwang am See.

28 TO LÄHN

Approx. 1:15 hrs | **HM**↑ 88 hm | **HM**↓ 54 hm | 4 km

Start: Tourist office Bichlbach, End: Lahn village centre

Tourist office Bichlbach - panoramic trail in the direction of Lahn-Wengle Martin's Chapel - village road to Lahn - Lahn village centre.

BIBERWIER

29 CIRCULAR TRAIL

Approx. 45 mins | **HM**↑ 37 hm | **HM**↓ 37 hm | 2.7 km

Start/End: Biberwier church square

Biberwier church square - through the village park and continue on the left to Mösele - Mühlsteig - turn right and continue via Silberleithen - Marienberg valley station - Marienbergweg to Fernpassstraße as far as the Mösele junction - back through the village park - church square.

HEITERWANG AM SEE

33 TO BICHLBACH

Approx. 50 mins | **HM**↑ 44 hm | **HM**↓ 0 hm | 3 km

Start: Above the primary school in Heiterwang am See

End: Almkopfbahn Bichlbach cable car

Above the primary school Heiterwang am See - along fields, forest and railway line - Almkopfbahn Bichlbach cable car.

34 TAUERN HIKING TRAIL

Approx. 1 hr | **HM**↑ 0 hm | **HM**↓ 0 hm | 4 km

Start/End: Heiterwang am See fire station

Heiterwang am See fire station - power station - educational moor trail - lake Heiterwanger See - Seestraße - Zeegershof - Heiterwang am See fire station.

35 TO KARLIFT

Approx. 8 hrs | **HM**↑ 359 hm | **HM**↓ 359 hm | 39.2 km

Start: Heiterwang am See fire station, End: Karlift valley station

Heiterwang am See fire station - Gasthof Post - walkway along the village road - Karlift valley station.

Easy tours Moderate tours

The selection of winter hiking trails is numbered according to the sequence in the cross-country skiing and winter hiking map.

